The Hume Center’s Training Philosophy

Our approach to training at The Hume Center is based on the conviction that our trainees can best help others with compassion, openness, and respect when The Hume Center staff treats its trainees with those same attitudes. Our guiding philosophy is that trainees will do their best work and will learn best in an environment where relationships with supervisors, staff, and peers are valued and respected. Specifically, our approach to group supervision demonstrates our conviction that nonjudgmental peer consultation greatly increases the value of the group experience for both presenters and participants. This leads to better clinical understanding and treatment.

A Summary of The Hume Center

The Hume Center is a Community Mental Health Center that has offices located in Concord, Pittsburg, Fremont, Pleasanton and Richmond, as well as several community based service sites. We aim to provide culturally sensitive comprehensive behavioral health services of the highest quality to under- and unserved populations. We believe in the principles of prevention, continuity of care, and collaboration with the people most involved in the lives of those we serve.

History of The Hume Center’s Training Program

The Hume Center was initially incorporated as Neurobehavioral and Psychological Institute (NPI) in 1993 and rented a room from Rosebridge Graduate School. Founder R.K. Janmeja “Meji” Singh supervised two psychological assistants to provide outpatient services. As The Hume Center has expanded, so has the training program, which now trains around 40 doctoral trainees annually. The Hume Center utilizes an enabling model of supervision and training, evidenced by the fact that every one of the programs at The Hume Center was developed by a trainee. Now The Hume Center employs 15 licensed psychologists and serves over 2,000 people annually in about 15 languages.

Send Application Materials To:

Natasha Molony, Ph.D.
Director of Training
The Hume Center
training@humecenter.org

Benefits

- Trainees receive 60-120 hours of personal time off (PTO), 11 holidays, and one cultural holiday.
- Daily Reimbursements—please check the website for updated rates.

Hours:

- 40 hours/week for full time interns and post-doctoral fellows.
- 20 hours/week for full time practicum trainees (unless other arrangements are made).
- Specific hour requirement will depend on your program assignments.

Application Information and Timeline:

- The Hume Center abides by the application calendar and procedures of CAPIC and BAPIC.

Required Application Materials:

- All application materials required through CAPIC or BAPIC
- Official graduate school transcript (unbroken seal)
- If applying for Comprehensive Assessment Services, please also submit two sample psychological assessment reports.
- If applying for Behavioral Consulting Services, please also submit one sample report with behavioral interventions.

Contact information:

HR Manager: Fawada Mojaddidi
Email: training@humecenter.org
Phone: (510) 745-9151
Fax: (510) 745-9152
Transportation Expectations:
You should be prepared to provide your own transportation, as every program may require local travel. Trainees will be reimbursed for approved work-related gas mileage.

1. Alameda County Outpatient Services (ACOS) (includes Adults, Children, and Assessment)

**Adult Services:** As a trainee, you will provide individual, group, and couples’ therapy in clinic and community-based settings; case management services; and collaboration with family members, psychiatrists and social workers. Populations include adults ages 22 onwards and CalWORKs recipients. Presenting problems vary and are considered moderate to severe.

**Children Services:** Services offered include individual, group, and family therapy, and case management. Populations include early childhood (0-6) and youth ages 7-21. The goal of the 0-6 services is to reduce the incidence and prevalence of abuse, neglect, developmental delays, and emotional and behavioral disorders in children. Presenting problems for youth ages 7-21 addressed in therapy may include anxiety, depression, relationship conflicts, and/or trauma.

**Assessment:** Our goal is to provide psychodiagnostic evaluations to assist referral sources and/or clients to understand a client’s level of functioning, and to develop recommendations appropriate to treatment and rehabilitating the client’s psychological condition. Evaluation services are available at all our sites. This program provides a broad range of comprehensive evaluation services for adults, adolescents, and children that include the following evaluations: Differential Diagnosis, Psychodiagnostic, Neuropsychological, Forensic, & Learning Disability.

2. Behavioral Consulting Services (BCS):
As a behavioral consultant, trainees in BCS integrate Client Centered Consultation and Applied Behavior Analysis to address the anthropogenic and environmental factors that contribute to a consumer’s difficulties in functioning well in home and/or community settings. Behavioral consultants in BCS conduct comprehensive in-home functional behavioral analyses, develop treatment plans for challenging behaviors and skills training, and provide follow-up support services and consultation for individuals, families, academic/day programs, and group homes.

3. Contra Costa Outpatient Services (CCOP)
Trainees in this program provide weekly services to adults in our Concord and Pittsburg offices. Most clients are diagnosed with a moderate to severe psychiatric disability. Outpatient Services include:
- Individual psychotherapy mainly with adults.
- Couples, family, and group psychotherapy
- Prevention/Early Intervention training track with children at community setting available
- Collaboration with community based organizations

4. Partial Hospitalization Program (PHP)
Trainees in this program work as a team to provide PHP services to adults in our Concord office. Most of the clients are diagnosed with a moderate to severe psychiatric disability. PHP is an outpatient day treatment program to stabilize mental health clients who have been discharged from a hospital and to prevent hospitalization of clients who manifest the signs of decompensation. PHP services include:
- Group and individual psychotherapy
- Psychoeducation
- Crisis phone line coverage
- Transitional services.

CSP East (in Pittsburg) and CSP West (in Richmond) are two separate multi-disciplinary treatment teams that provide psychiatry, psychotherapy, housing support, community linkage, and case management services to clients diagnosed with a persistent mental illness and have a history of psychiatric hospitalization sometimes combined with homelessness or substance abuse. The team provides “wraparound” services to break the cycle of crises. Trainees are placed in one of the regional teams to provide therapy in the office and in the client’s natural settings in the community and are supported by a team of case managers.

7. School-Based Program (SBP):
We work with the school aged population (5-24) and their primary and secondary caregivers (e.g., parents, school staff, administrators). We provide Prevention, Early Intervention, Mental Health Consultation, Groups, Outreach, and Medi-Cal Treatment Services. Pleasanton Outpatient Services include the Child & Adolescent and Adult Tracks. Services are based out of the Pleasanton clinic in the Tri-Valley and can serve individuals 0 to end of life. Services include individual, group, and family therapy. Services are focused on reducing the impact of behavioral health issues on the well-being of the population in order to strengthen the individual’s existing community resources and relationships.

8. Community Integrated Outpatient Services (CIOS)
Includes a comprehensive range of psychotherapy and case management services in West Contra Costa County to adults with serious, chronic mental disabilities. A Medi-Cal based program through Contra Costa Health Services (CCHS), Behavioral Health Division, West County Outpatient functions as a step-down in intensive community outreach services received by clients through the West County Full Service Partnership program. It recognizes the stabilization achieved by clients that allows them to participate in consistent psychotherapy and ongoing case management services. Services occur in appropriate county locations including the home, community, and in our Richmond clinic.

9. South Asian Community Health Promotion Services (SACHPS):
As a trainee, you will acquire knowledge, skills, and experience in the following areas: (1) outreach and psychoeducation services to the South Asian Community; (2) mental health consultation services to individuals and groups at human services agencies, community based organizations that serve large numbers of South Asians, and community leaders; and (3) culturally sensitive prevention and early intervention mental health services.

To keep up to date with The Hume Center, text HUME to 22828 to join our email newsletter. You will be able to unsubscribe at any time.